

# Is Oral Health Part of Your Prenatal Care?

Over the past several years, oral health screening, education and referral have become highly recommended components of prenatal care. In Colorado, Denver Health, UC Health and CU College of Nursing midwifery have all demonstrated improved dental care access for their prenatal patients by implementing these practices.

**Are you offering your patients the most comprehensive care possible?**



*When medical providers screen and refer pregnant patients to oral health care providers, three times as many receive oral care.*

Cavity Free at Three is here to support you in integrating prenatal oral care into your workflow. We will provide you with:

- Training covering prenatal oral health competencies for medical providers.
- Professional patient education materials about prenatal oral health.
- A risk assessment to integrate into your prenatal assessment.
- Ideas for data collection and measurements to track progress.
- Help with clinic flow, rapid cycles of improvement and other change management tools.
- Guidance on reaching out to dental providers to create referral relationships.

The oral health of your pregnant patient is connected to their overall health and the oral health outcomes of their unborn child.

At any age, tooth decay can negatively affect academic performance, nutrition, speech, self-esteem and sleep and can lead to missed days at school and work, hospitalizations and even death.



*“The holistic approach to patient care in family medicine makes incorporating prenatal oral health into the daily workflow an easy decision. Our partners at the state level provide easy-to-use tools to relay this education in a manner that the patient can understand. Laying this groundwork helps encourage healthy habits beyond pregnancy while contributing to better health outcomes.”*

*Marcia Snook, RN, BSN  
Practice Administrator  
Family Medicine Center  
UHealth Fort Collins*

Get support and learn more about how you can enhance your prenatal services at:

[www.CavityFreeAtThree.org](http://www.CavityFreeAtThree.org).



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